

BREAKFAST MENU 7:30AM — 10:00AM

TROPICAL CONTINENTAL BREAKY Cereals, milk, yogurt, seasonal fruits, self-serving toast, condiments and cold cuts. For drinks - selection of tea, juices, percolated coffee chef's hot choice.	16.00
WAKEY, WAKEY! EGGS & BAKEY Bacon and Eggs, with hash brown, tomato sauce & toast *YOUR CHOICE OF SUNNY SIDE-UP, SCRAMBLED, POACHED OR OVER-EASY EGG.	13.00
CLASSIC OMELETTE 3 Eggs, cheese, onions, ham, mushroom, toast and homemade relish.	16.00
HIGH TIDE STEAK & EGGS Rump steak, fried eggs, hash brown, grilled onions, toast & mushroom sauce, sprinkled with cheese	24.00
TANGAROA BIG BREAKY Eggs, bacon, sausage, hash brown, mushroom, tomato, baked beans, toast, tomato sauce & hollandaise sauce. *YOUR CHOICE OF SUNNY SIDE-UP, SCRAMBLED, POACHED OR OVER-EASY EGG*Add steak for \$11.00	20.00
Extra: 2 Eggs, Mushrooms, Bacon, Hash Brown	5.00



LUNCH MENU 11:00AM — 2:00PM

STARTERS

SEAFOOD CHOWDER Tender shrimps, mussels and squid combined in a creamy broth and veggies.	17.00
GARLIC BREAD French Stick topped with garlic butter.	8.50
FRESH VEGETABLE SPRING ROLL VG Sauteed vegetable wrapped in egg roll wrapper with peanut sauce.	14.00
IKA MATA Fresh raw fish marinated in lemon mixed with vegetables and coconut cream on crispy wanton cups.	19.00
BEEF SALPICAO 150g beef tenderloin sauteed in universal, butter, roasted garlic, green chili fingers and topped with garlic chips.	22.00
CEASAR SALAD Romaine lettuce, soft boiled egg and ceasar dressing topped with bacon bits, croutons and parmesan cheese.	15.00
PAWPAW SALAD VG & GF Lettuce, seasonal fresh fruits and pawpaw dressing topped with fresh grated coconut.	15.00



LUNCH MENU 11:00AM — 2:00PM

MAINS

LARGE SEAFOOD CHOWDER	25.00
Tender shrimps, mussels and squid combined in a creamy	
broth and veggies.	
MUSHROOM MORINGA PESTO VG	20.00
Spaghetti pasta in moringa pesto sauce sauteed with shitake	
mushroom and garlic bread.	
SCAMPI PASTA	19.00
Spaghetti pasta in oil-based sauce, white shrimp with tomato	2000
salsa and garlic bread.	
CHICKEN STEW IN FRESH GREEN COCONUT	23.00
Stewed chicken cooked in coconut juice with lemongrass,	
ginger, garlic, green chili, green pawpaw. *SERVED WITH SIDE OF YOUR CHOICE (RICE, BUTTERED VEGETABLE	
OR SAUTED ISLAND POTATOES	
BARBECUE RIB RACK	26.00
Roasted rib rack with barbecue sauce served with buttered	
Eggplant, broccoli, carrots and island potato fries.	
RUKAU	20.00
Local vegetable leaf cooked in coconut cream with ground	20.00
pork served with rice and taro chips.	
TOFU MUSHROOM TARO VG & GF	19.00
Sautéed mushroom and mixed vegetable with mashed taro.	



SNACKS MENU 2:00PM — 5:00PM

SNACKS

FISH SLIDERS Cajun battered fish fillet sliders with coleslaw and french fries.	19.00
MONTE KRISTO Chicken sandwich with fries and petite salad.	14.00
ROAST BEEF IN FOCACCIA BREAD Thinly sliced roast beef belly layered with tomato, lettuce, pickles in Moana's homemade focaccia bread and served with kumara and taro fries. *CHOICE OF FRESH OR GRILLED SANDWICH	21.00
HONEY PORK BBQ IN PITA BREAD Roast honey pork barbecue layered with lettuce, onion and cucumber. Served with kumara fries.	19.00
GRILLED MUSHROOM SANDWICH IN GLUTEN FREE BREAD VG & GF Sauteed mushroom with cheese, lettuce, tomato in Panini grilled gluten-free bread and kumara chips.	19.00
FRENCH FRIES VG Deep fried potato	9.00
ISLAND FRIES VG A combination of island root crops served with ranch dressing.	10.00



DINNER MENU 5:30PM — 8:30PM

STARTERS

SEAFOOD CHOWDER	17.00
Tender shrimps, mussels and squid combined in a creamy	
broth and veggies.	
CADLIC DDEAD	0.50
GARLIC BREAD	8.50
French Stick topped with garlic butter.	
FRESH VEGETABLE SPRING ROLL VG	14.00
Sauteed vegetable wrapped in egg roll wrapper with peanut	
sauce.	
CHANGHAI TOLANGI FO	1400
SHANGHAI TRIANGLES	14.00
Deep fried ground pork and minced vegetables wrapped in a spring roll wrapper served with sweet garlic vinegar.	
a spring ron wrapper served with sweet garne vinegar.	
BEEF MOJOS	18.00
Thinly sliced potatoes with beef ragout, cheese sauce and	
tomato salsa.	
FRIED CHICKEN WINGS	15.00
Deep-fried battered chicken marinated in salt and pepper	15.00
with barbecue sauce.	
with burbecue state.	
EBI AND MAGURO SALAD GF	16.00
Mixed greens, pan seared tuna and poached white shrimp	
with chef's special dressing.	
AVOCADO SALAD VG & GF	18.00
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Lettuce, fresh fruit and avocado dressing topped with sauteed mushroom.



DINNER MENU 5:30PM — 8:30PM

MAINS

LARGE SEAFOOD CHOWDER Tender shrimps, mussels and squid combined in a creamy broth and veggies.	25.00
MUSHROOM MORINGA PESTO Spaghetti pasta in moringa pesto sauce sauteed with shitake mushroom and garlic bread.	20.00
SPICED PIMENTO CALAMARI PASTA Spaghetti pasta in cream sauce with calamari and garlic bread.	21.00
RIB EYE STEAK 200g grilled rib eye with demi glaze sauce served with buttered vegetable and mashed potato.	35.00
SIZZLING CHICKEN TERIYAKI Grilled chicken thigh-leg with teriyaki sauce served with sautéed kumara and taro. Served in a hot sizzling plate.	22.00
KAFFIR LIME GARLIC BUTTER PRAWNS 3pcs prawns sauteed in butter, garlic, honey and kaffir lime. *SERVED WITH SIDE OF YOUR CHOICE (RICE, BUTTERED VEGETABLES OR SAUTED ISLAND POTATOES	29.00
TOFU MUSHROOM TARO VG & GF Sautéed mushroom and mixed vegetable with mashed taro.	19.00



DESSERTS

MOANA SANDS CO Fresh island co		stard pie.	18.00
COCONUT CRÈME I Sweetened fres coconut.		GF am custard topped with t	15.00 coasted
CHOCOLATE HEAV	ocolate cake fi	KE lled and topped with cho	9.50 ocolate
cream frosting.			
-		GF esh coconut juice, assorte i ice cream on top.	18.00 ed



BEVERAGES

MOCKTAILS

ISLAND SMOOTHIE	11.00
Blend of mango (seasonal), pawpaw, banana, lime juice and	
coconut cream	
MOANA SMOOTHIE	11.00
Blend of pomelo and grapefruit juice, coconut yoghurt, sugar syrup,	
blue curacao and mint	
TROPICAL SMOOTHIE	11.00
Blend of our "seasonal fruits" with pineapple juice and a	11.00
dash of grenadine	
VIRGIN COLADA	11.00
Pineapple pieces blended with coconut cream and pineapple	11.00
juice over ice	
FRUIT PUNCH	11.00
Pineapple juice, orange juice, cranberry juice with splash	11.00
of lemonade	
ICE BLENDED DRINKS	11.00
Ice Coffee, Ice Chocolate	11.00

SOFTDRINKS & WATER

Coke / Diet Coke / Sprite / L&P - 5.50Sparkling Duet / Soda / Tonic / Ginger ale - 5.50Lemon Lime & bitters - 6.00Vaima Still Water $600 \, \text{ml} - 5.50$ Vaima Still Water $1.5 \, \text{L} - 7.50$ Sparkling Water - 7.00

COFFEE

Espresso / Short black - 5.00 Americano / Long black -5.00 Flat white / Cappuccino - 5.00 Latte / Mocha - 5.00 Hot chocolate - 5.00 Extra Shot - 1.50



JUICE

Orange / Pineapple
Apple / Tomato / Cranberry
6.00

TEA

English breakfast / Earl grey Green / Lemon 5.00

BEER

RAROTONGA LAGER TAP

Glass - 5.00 Tall - 7.00

Jug - 20.00

Steinlager Classic - 7.00

Heineken - 7.00

Corona - 7.00

SPIRITS

6.50 - 30 ml - 13.00 - 60 ml

SIDE - 2.50

Bombay Sapphire Gin Jameson Irish Whisky Bacardi White Rum Absolut Vodka Pepe Lopez Tequila Coruba Dark Rum Napoleon French Brandy Jim Beam Bourbon Jack Daniels Southern Comfort



COCKTAILS

MOANA SANDS SUNSET Malibu, orange juice, crème de menthe with a dash of grenadine	17.00
PINA COLADA White rum, Malibu, pineapple juice, coconut cream	17.00
PASSION FRUIT MOJITO White rum, passion fruit liquor, lemon juice, mint & topped with tonic or soda	17.00
STRAWBERRY MOJITO White rum, strawberry liquor, lemon juice, mint & topped with tonic or soda	17.00
MOJITO White rum, lime, mint, sugar, soda	17.00
FRUIT DAIQUIRI White rum, triple sec, lime juice, sugar – please ask your waiter for the seasonal fruit selection	17.00
MUD LOVER Baileys, Frangelico, Kahlua, milk, cocoa powder - blended	17.00
MAITAI Amaretto, cointreau, white rum, dark rum, with pineapple, orange and lime juice	17.00
MARGARITA Tequila, lime, lemonade	15.50
LONG ISLAND ICE TEA Triple sec, dark rum, gin, vodka, tequila, lime juice, coca cola	18.50



WINES

WHITE WINES

MATAWHERO CHARDONNAY	Gisborne, NZ	Bottle 45.00	
A vibrant, full of youthful freshne	ess, with a hint of aroma of white peach,	Glass 9.50	
	d roasted nut, fine-dusting spice,		
vanilla, and creamy lees.			
CHARD ONLY			
LAWSON'S DRY HILLS CHARDONNAY	Marlborough, NZ	Bottle 48.50	
A range of aromas including lemon zest, red apple & brioche.			

The palate is elegant with a good concentration of fruit flavours, soft texture & a lovely balance of fresh acidity.

BLACK COTTAGE SAUVIGNON BLANC

Marlborough, NZ

A complex nose of paw paw, passionfruit, pineapple & a touch of cut grass & crushed herbs. Juicy palate packed of tropical fruits & lime zest with a hint of sweet pea & a crunchy red capsicum.

WHITEHAVEN SAUVINON BLANC Marlborough, NZ Bottle 48.50

Bottle 45.00

Glass 9.50

Classic aromas of ripe pink grapefruit, lime zest & tropical fruits are complemented by suggestions of lemongrass, green pepper & tomato leaf. The palate is crisp & vibrant, lifted by bright, generous citrus notes layered with peach, guava & passionfruit. Hint of wet river stone, fresh green herbs & mouth watering acidity add structure & support.

KAHURANGI ESTATE PINOT GRIS Nelson, NZ Bottle 49.00

Delightful aromas of pears & stone fruit on the nose, the off-dry palate brims of quince, nashi & apple. A nicely balanced wine, full & long

ROSE WINES

MATAWHERO PINOT ROSE	Gisborne, NZ	Bottle 47.00
An aroma of strawberries & cherries with floa	ral notes complimented	Glass 9.50
With a subtle strawberry, watermelon & crea	m with a lovely dry finish.	



TWO RIVERS ISLE OF BEAUTY ROSE

Marlborough, NZ

Bottle 52.00

A savoury rose with fresh sea breeze aromas of Himalayan salt & green peppercorn, overlaying nuance of cranberry & honeydew melon. The zesty palate exudes mandarin, white peach, grapefruit, blackcurrant with touches of spice, wet stone & a dry finish.

RED WINES

CASA GIORNO MONTEPULCIANO

d'Abruzzo, ITA

Bottle 42.00

Nose is light with a softly packed heart of dark red cherry fruit infused with bramble, dried herbs, earthy & nutty notes & hint of cedar. Full of sweet juicy berries, warm spices & a hint of black pepper.

Glass 9.50

KAHURANGI ESTATE MERLOT / CABERNET

Hawkes Bay, NZ

Bottle 48.00

A soft cherry & plum nose, the palate is rich & smooth. Berry driven flavours abound with lingering mild spice & white pepper notes.

CHALK HILL LUNA CABERNET SAUVIGNON

Me Laren Vale AUS

Bottle 44.00

Aromas of ripe black fruits, herbal notes & spicy & balsamic hints. On the palate it is flavoursome, juicy & vibrant. A medium-bodied wine with fine-grained tannins & integrated freshness that provide structure.

TALL POPPY CABERNET SAUVIGNON

Hunter Valley, AUS

Bottle 48.00

Aromas of black cherries, wild berries & subtle spice. A full bodied red, its palate is intense & rich with dark plum & firm tannins.

TROUT VALLEY SHIRAZ

Murray River, AUS

Bottle 42.00

Blackberry & cherry aromas on the nose. Dark fruit intertwined with earthy notes & hints of oak, black pepper & spice. With a rich and spicy finish.

Glass 9.50

KOA PINOT NOIR

Adelaide Hills. AUS

Bottle 42.00

Flavours of fresh, red fruits that developed into deliciously savoury Note on the palate.

Glass 9.50



TOHU PINOT NOIR Awatere Valley, NZ Bottle 74.00

Red fruit & spicy florals with hints of crushed herbs. The palate is smoothly Textured with flavours of bright cherry, red berries & finely integrated French oak. Mid weight on the palate, this wine is balanced with refined silky tannins that lead to a long & elegant finish.

*AWARD

Aotearoa Regional Wine Awards 2022 (V2019) – Best Pinot Noir in Show, Gold Medal, Best Red in Show & Runner up for the Best Wine in Show National Wine Awards of Aotearoa 2022 (V2019) - Gold

SPARKLING WINE

LINDAUER BRUT	200ML 200ML	New Zealard New Zealard	Bottle 17.00 Bottle 17.00
LINDAUER ROSE	200ML		Bottle 17.00
LINDAUER BRUT	750ML	New Zealand	Bottle 42.00
LINDAUER FRAISE	750ML	New Zealand	Bottle 42.00
LINDAUER ROSE	750ML	New Zealand	Bottle 42.00
NUA PROSECCO	750ML	New Zealand	Bottle 65.00

CHAMPAGNE

G. H. MUMMS CORDON ROUGE BRUT France Bottle 150.00

Exuberant energy excites the palate. Elegant flavors of fruit and caramel. The powerful finish is at once creamy and effervescent. Juicy scents of succulent white and yellow fruits entice, with hints of lychee, pineapple, praline. Appetizing aromas of pastry yeast & brioche.